

SPIDER SHOPPE

"BUG POWER FEED" recipes

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This are the formulas I use to create the dry food I offer roaches and crickets. All components are reduced to crumbs or powder with an old blender and thoroughly mixed and stored in an airtight container. Roaches are also offered fresh fruits [apple, banana, orange], strawberries, greens [turnip, collard, mustard], zucchini and other scraps. I rarely use crickets - when I have them I also provide them with occasional orange slice, but not the other aforementioned fresh foods. Water is also provided to crickets with polyacrylamide "gel water".

STANDARD BLEND

5 parts Layena unmedicated chick mash (feed store)
2 parts honey nut toasted oats (grocery store)
1 part mixed baby cereal (grocery store)
1 part calcium fortified corn flakes (grocery store)
1 part tropical fish flake containing spirulina (pet store)

DELUXE BLEND

3.5 parts leaf-eater biscuit pellets (zoo feed - special order feed store or farmers co-op)
2 parts Layena unmedicated chick mash (feed store)
2 parts honey nut toasted oats (grocery store)
1 part mixed baby cereal (grocery store)
0.75 part calcium fortified corn flakes (grocery store)
0.75 part tropical fish flake containing spirulina (pet store)